

# ASCEND<sup>↑</sup>

## MEN'S SUMMIT

# ASCEND MEN'S SUMMIT 2025

**THEME:** Men Rising Above Limitations:  
As Iron Sharpens Iron

**DATE:** Saturday, 20th September 2025



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## BACKGROUND

Across Africa, many men silently face emotional isolation, financial pressure, mental health challenges, and limited support systems. Posterity Solutions believes men thrive when connected with others who share trust and purpose. With the right environment, tools, and inspiration, men can overcome barriers and lead boldly in their families, careers, and communities.

The Ascend Men's Summit 2025 is a purposeful platform for men to connect, grow, and rise together.

**Theme: "Men Rising Above Limitations — As Iron Sharpens Iron"**  
**Lead Sponsor: FNB ZAMBIA**

Rooted in the belief that iron sharpens iron, the summit will empower men to:

- Build meaningful connections
- Share real-life insights
- Collaborate to overcome limitations
- Join lasting support networks



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# KEYNOTE & PROGRAM HIGHLIGHTS

ASCEND MEN'S SUMMIT 2025



## KEYNOTE SPEAKER

Mr. **Bydon Longwe**, CEO of FirstRand Broader Africa, will deliver the keynote address.

### He will speak on:

- Authentic manhood in today's world
- Building courageous connections across careers and communities

## PROGRAM HIGHLIGHTS

### Motivational Sessions

Empowering talk by thought leader on overcoming limitations in life and leadership

### BREAKOUT NETWORKING WORKSHOPS

#### SMALL GROUP SESSIONS LED BY SUBJECT-MATTER EXPERTS, COVERING:

- **Business & Entrepreneurship** – Growth strategies, startup coaching, MSME support
- **Wealth Building** – Saving, investing, and financial mentorship
- **Mental & Emotional Wellness** – Safe spaces for healing and resilience
- **Family & Fatherhood** – Leadership in parenting and marriage
- **Corporate and Civic Leadership** – Guiding organizations and communities with character vision and accountability to drive success.
- **Technology & Digital Skills** – Digital tools and job readiness



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## ONGOING OBJECTIVE

The breakout groups formed during the **Ascend Men's Summit 2025** are not meant to end when the event concludes. These groups are intentionally designed to serve as ongoing support networks, spaces where men can walk together through life's challenges, victories, and growth journeys. Led by trusted experts and mentors, and supported by Posterity Solutions, each group will provide a structured yet organic environment for continuous learning, accountability, and meaningful brotherhood.

These networks will empower men to consistently sharpen one another, exchange wisdom, and champion each other's personal, spiritual, and professional development. Whether through regular meetups, virtual sessions, or collaborative projects, the aim is to cultivate a culture of perseverance, boldness, and transformation. In these environments, limitations are not barriers, they are launching pads.

## CONCLUSION

**The Ascend Men's Summit 2025** is not just a conference, it is a catalytic movement to awaken the potential of men across the continent. It marks the beginning of a generational shift: a call for men to rise into authentic manhood, embrace their God-given purpose, and lead with courage in every sphere of life.

This summit seeks to ignite a fire that does not fade, a fire of conviction, vision, and unity. It's about men coming together not to compete, but to complete one another; not to impress, but to empower. From homes to boardrooms, churches to communities, the ripple effects of this movement will be felt for years to come.

**Together, we grow. Together, we overcome. Together, we ascend.**

